



# Adolescent Sexual & Reproductive Health Rights



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**These are the rights that adolescents are entitled to irrespective of age, sex, race, religion, culture, social status mental or physical ability:-**

1. The right to information on sexual and reproductive health
2. The right to full range of accessible and affordable sexual and reproductive health services
3. The right to privacy when you are receiving healthcare
4. The right to be treated with dignity and respect when you are receiving healthcare
5. The right to be assured that personal information will remain confidential
6. The right to be given an explanation of the processes that you go through when you receiving healthcare
7. The right to be treated by people who are trained and knowledgeable about what they do
8. The right to continuity of services
9. The right to be treated by a named provider
10. The right to express views on the services provided and to complain about unsatisfactory health services
11. The right to gender equality
12. The right to healthy and safety environment
13. The right to make free informed choices in matters relating to sexual experience, sexual pleasure and sexual orientation



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# Adolescent Youth Friendly Services - 10 Standards



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1. Management systems are in place to support effective provision of the essential service package for AYFS
2. The clinic has policies and processes that support the sexual and reproductive rights of adolescents
3. Clinic services appropriate to the needs of adolescents are available and accessible
4. The clinic has a physical environment conducive to the provision of adolescent health services
5. The clinic has drugs, supplies and equipment to provide the essential service package
6. Systems are in place to train staff to provide adolescent friendly services
7. Information, education and communication consistent with the essential service package is provided
8. Adolescents receive an accurate physical assessment
9. Adolescents receive individualised care based on standard service delivery guidelines
10. The clinic provides continuity of supplies and services for adolescents



# Adolescent Sexual & Reproductive Health Responsibilities



**All adolescents, having been fully informed about their Sexual and Reproductive Health Rights, have the following responsibilities:-**

## **Behaviour**

- It is your responsibility to lead a healthy lifestyle and to take pride in yourself
- It is your responsibility not to participate in behaviours that you may later regret

## **Information**

- It is your responsibility to learn about safer sex and use the information that you get
- It is your responsibility to ask for information when you need it
- It is your responsibility to teach other people what you learn about safer sex, sexuality and reproductive health

## **Treatment**

- It is your responsibility to be open and honest about your problem when you are asked at the clinic
- It is your responsibility to use medication accordingly and finish your medication
- It is your responsibility to check expiry date and keep appointments given at the clinic

## **At the clinic**

- It is your responsibility not to litter when you are at the clinic
- It is your responsibility to respect others so that they can respect you back