



“OUR YOUTH - OUR FUTURE”

“ITSHA YETHU -IKUSASA LETHU”

Adolescent Youth friendly Services (AYFS) Overview Orientation



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Introduction

- The mandate of Department of Health is **to ensure long and healthy life for all South Africans.**
- Young people account for a significant proportion of the total population and there is increasing international recognition that, dedicating resources to adolescent and youth health is one of the most important cost-effective long term investments a society can make.
- The SA Government has acknowledged that adolescents and youth present particular challenges and needs. To address these, a programme has been developed **to ensure that all public health clinics work to provide appropriate and accessible services that recognise the particular needs of adolescents and youth**
- It works on the philosophy that ***'it takes the coordinated efforts of an entire community to empower healthy lifestyles among South African youth'***. Thus, our efforts extend outside of the clinic walls to ensure that we all play our part in working for a better future for our adolescent and youth community

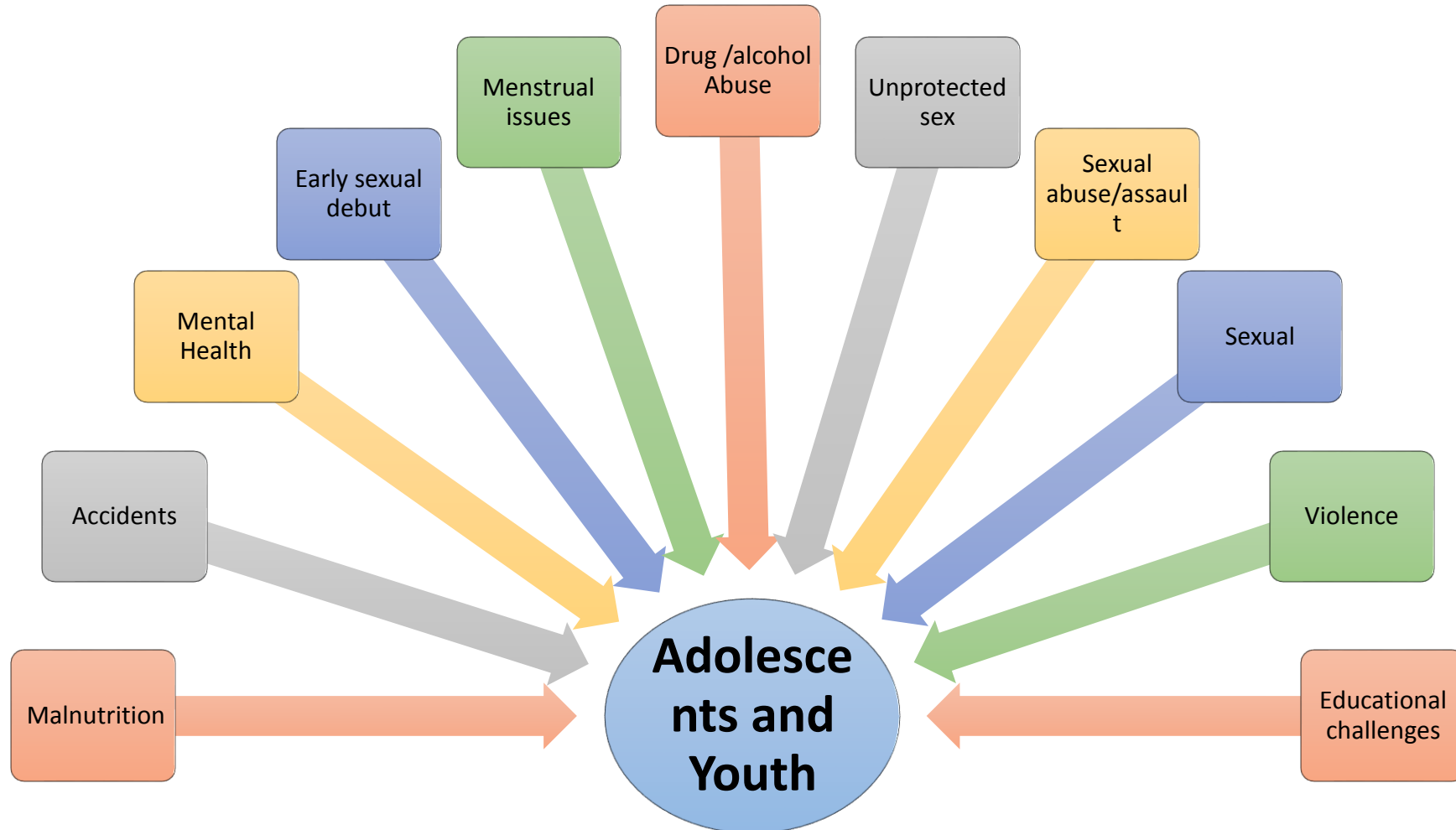


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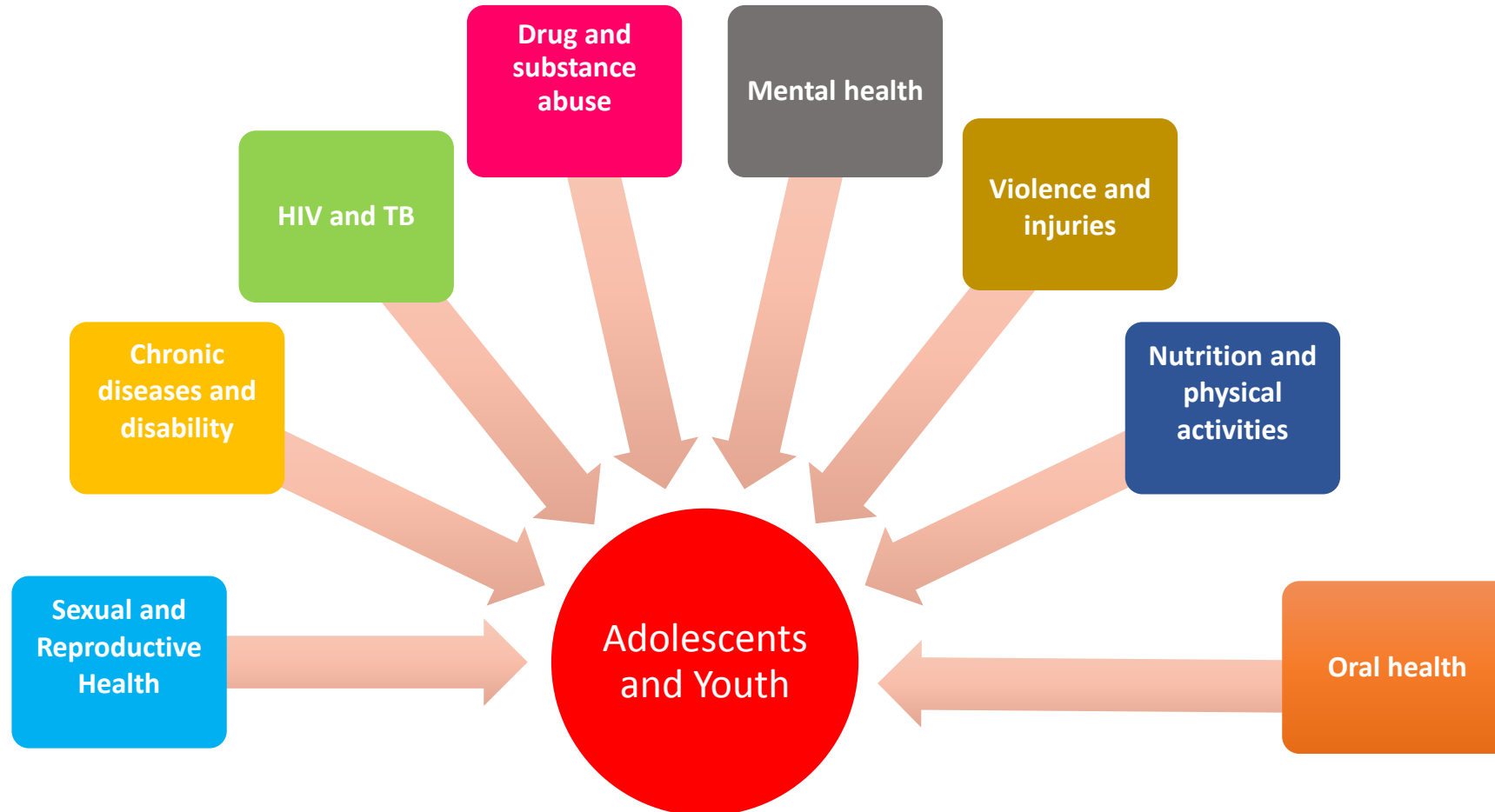
WHY AYFS?

- Adolescents and youth are at risk of long term ill health due to behaviours and choices that they make during these years
- They are at increased risk of STIs, HIV and unintended pregnancy (all associated with negative impact on school attainment)
- Regardless of our own values, beliefs and desires, many young people are sexually active and require access to quality HIV, STI and pregnancy prevention services
- Adolescents living with HIV account for the highest rate of deaths among all living with HIV; we need to work to keep them engaged in services and taking their ART
- We need to work to prevent illness as well as providing treatment services to those who need them.

11 Issues that threaten the good health of adolescents and youth



8 health priorities for adolescents and youth.





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ADOLESCENT AND YOUTH-FRIENDLY SERVICES – ESSENTIAL SERVICE PACKAGE

- EDUCATION AND COUNSELLING ON SEXUALITY, SAFER SEX AND REPRODUCTIVE HEALTH
- STI EDUCATION, DIAGNOSIS AND MANAGEMENT, INCLUDING PARTNER NOTIFICATION
- HIV EDUCATION, COUNSELLING AND TESTING; HIV TREATMENT, CARE AND SUPPORT SERVICES
- CONTRACEPTIVE EDUCATION AND PROVISION WITH AN EMPHASIS ON DUAL PROTECTION METHOD
- PREGNANCY SERVICES INCLUDING TESTING, ANTENATAL AND POSTNATAL CARE, AND EMTCT (ELIMINATION OF MOTHER TO CHILD TRANSMISSION) OF HIV
- TB EDUCATION, COUNSELLING AND TESTING; TB TREATMENT, CARE AND SUPPORT SERVICES INCLUDING INH PROPHYLAXIS
- PRE AND POST TOP (TERMINATION OF PREGNANCY) COUNSELLING AND REFERRAL WHERE NECESSARY
- SEXUAL EXPLOITATION, VIOLENCE AND ABUSE EDUCATION AND COUNSELLING, AND REFERRAL FOR RELATED SERVICES
- MENTAL HEALTH EDUCATION AND COUNSELLING, AND REFERRAL FOR RELATED SERVICES
- COMPREHENSIVE PREVENTION APPROACHES, INCLUDING VMMC (VOLUNTARY MEDICAL MALE CIRCUMCISION), TB AND HIV INTERVENTIONS



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AYFS STANDARDS

1. Management systems are in place to support the effective provision health services for young people.
2. The clinic has policies and processes that specifically support the rights of young people.
3. Appropriate health services are widely available and accessible.
4. The clinic has a physical environment conducive to the provision of youth friendly services.
5. The clinic has the drugs, supplies and equipment necessary to provide the AYF essential service package.
6. Information, educational sessions and other communication services promoting young people's healthy behaviour is provided.
7. Systems are in place to train all staff to provide effective and friendly health services to young people.
8. Young people receive adequate psychosocial and physical assessments.
9. Young people receive individualised care based on standard case management guidelines/protocols.
10. The clinic has mechanisms in place that ensures continuity of care for young people.



AYFS 11 implementation steps

1. Ensure management support is strong
2. Hold an AYFS orientation workshop
3. Ensure community support is strong
4. Establish an AYFS Team and select a Team Leader (Champion)
5. Conduct AYFS Team meetings
6. Conduct a baseline AYFS appraisal
7. Measure AYFS Standards and Criteria
8. Implement AYFS services and quality improvements
9. Monitor and evaluate AYFS
10. Conduct subsequent AYFS appraisals
11. Apply for AYFS recognition/accreditation

Focuses

- Age group 10 -24 years
- 5 Minimum Standards -80%
- AYFS Team –team work:-
 - Challenges -ideas
 - Developing action plan
 - Data collection
 - Questionnaires
 - minutes meetings
 - Evidence eg. health education, awareness
- Clinic committee
- Self appraisals



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THANK YOU



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