



**CHIVA SOUTH AFRICA**  
MENTORING. PARTNERING. SAVING LIVES.

## ADOLESCENT AND YOUTH-FRIENDLY SERVICES – ESSENTIAL SERVICE PACKAGE

(Modified from *LoveLife AYFS Toolkit*)

### KEY SERVICES FOR THE PROVISION OF QUALITY HEALTHCARE TO ADOLESCENTS AND YOUTH INCLUDE:-

- **EDUCATION AND COUNSELLING ON SEXUALITY, SAFER SEX AND REPRODUCTIVE HEALTH**
- **STI EDUCATION, DIAGNOSIS AND MANAGEMENT, INCLUDING PARTNER NOTIFICATION**
- **HIV EDUCATION, COUNSELLING AND TESTING; HIV TREATMENT, CARE AND SUPPORT SERVICES**
- **CONTRACEPTIVE EDUCATION AND PROVISION WITH AN EMPHASIS ON DUAL PROTECTION METHOD**
- **PREGNANCY SERVICES INCLUDING TESTING, ANTENATAL AND POSTNATAL CARE, AND EMTCT (ELIMINATION OF MOTHER TO CHILD TRANSMISSION) OF HIV**
- **TB EDUCATION, COUNSELLING AND TESTING; TB TREATMENT, CARE AND SUPPORT SERVICES INCLUDING INH PROPHYLAXIS**
- **PRE AND POST TOP (TERMINATION OF PREGNANCY) COUNSELLING AND REFERRAL WHERE NECESSARY**
- **SEXUAL EXPLOITATION, VIOLENCE AND ABUSE EDUCATION AND COUNSELLING, AND REFERRAL FOR RELATED SERVICES**
- **MENTAL HEALTH EDUCATION AND COUNSELLING, AND REFERRAL FOR RELATED SERVICES**
- **COMPREHENSIVE PREVENTION APPROACHES, INCLUDING VMMC (VOLUNTARY MEDICAL MALE CIRCUMCISION), TB AND HIV INTERVENTIONS**

