

ADOLESCENT AND YOUTH FRIENDLY SERVICES

AYFS ORIENTATION BRIEFING



CHIVA SOUTH AFRICA
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Why AYFS?

- Adolescents and youth are at risk of long term ill health due to behaviours and choices that they make during these years
- They are at increased risk of STIs, HIV and unintended pregnancy (all associated with negative impact on school attainment)
- Regardless of our own values, beliefs and desires, many young people are sexually active and require access to quality HIV, STI and pregnancy prevention services
- Adolescents living with HIV account for the highest rate of deaths among all living with HIV; we need to work to keep them engaged in services and taking their ART
- We need to work to prevent illness as well as providing treatment services to those who need them

History of AYFS

- The SA Government has acknowledged that adolescents and youth present particular challenges and needs. To address these, a programme has been developed to ensure that all public health clinics work to provide appropriate and accessible services that recognise the particular needs of adolescents and youth
- It works on the philosophy that *'it takes the coordinated efforts of an entire community to empower healthy lifestyles among South African youth'*. Thus, our efforts extend outside of the clinic walls to ensure that we all play our part in working for a better future for our adolescent and youth community

AYFS Service Package

- Following wide consultation, a consensus was reached on what constitutes the essential service package for AYFS. These are:-
 1. Education and counselling on sexuality, safer sex and reproductive health
 2. STI education, diagnosis and management, including partner notification
 3. HIV education, counselling and testing, treatment, care and support services
 4. Contraceptive education and provision with an emphasis on the dual protection method
 5. Pregnancy testing, antenatal and post-natal care
 6. Pre and post-TOP counselling and referral as needed
 7. Sexual exploitation, violence and abuse education, counselling and referral
 8. Mental health education and counselling and referral as needed

AYFS Standards

- A set of service standards has been developed and approved by NDOH to guide the development and delivery of AYFS
- As the services required for AYFS are the same for anyone accessing them, the guidance focuses on how to adapt current services to meet the particular needs and preferences of adolescents

and youth

- 10 standards have been designed as follows:-

1. Management systems are in place to support the effective provision health services for young people
2. The clinic has policies and processes that specifically support the rights of young people
3. Appropriate health services are widely available and accessible
4. The clinic has a physical environment conducive to the provision of youth friendly services
5. The clinic has the drugs, supplies and equipment necessary to provide the AYF essential service package
6. Information, educational sessions and other communication services promoting young people's healthy behaviour is provided
7. Systems are in place to train all staff to provide effective and friendly health services to young people
8. Young people receive adequate psychosocial and physical assessments
9. Young people receive individualised care based on standard case management guidelines/protocols
10. The clinic has mechanisms in place that ensures continuity of care for young people

The AYFS Toolkit

- A number of tools have been developed by LoveLife to assist with implementing the 10 standards
- The 11 implementation steps have been organised as follows:-
 1. Ensure management support is strong
 2. Hold an AYFS orientation workshop
 3. Ensure community support is strong
 4. Establish an AYFS Team and select a Team Leader (Champion)
 5. Conduct AYFS Team meetings
 6. Conduct a baseline AYFS appraisal
 7. Measure AYFS Standards and Criteria
 8. Implement AYFS services and quality improvements
 9. Monitor and evaluate AYFS
 10. Conduct subsequent AYFS appraisals
 11. Apply for AYFS recognition/accreditation