



**CHIVA SOUTH AFRICA**  
MENTORING. PARTNERING. SAVING LIVES.

## Adolescent youth friendly service AYFS- Health Educational Plan Clinic

**Sub-District :**

**District :**

Date	Topic	To be Done By: Initials and Surname
<b>February 2017</b>		
	Family planning methods	
	Patients' Rights and responsibilities	
	Sexual Reproductive Health rights and responsibilities	
	STI and abstaining from sexual intercourse	
	Condom usage and HIV testing	
	Happy Hour, Fast-tracking	
	Dual method contraception	
<b>March 2017</b>		
	Emergency contraception	
	Patients' Rights and responsibilities	
	Sexual abuse and Domestic violence	
	Stress Management and Depression	
	Pregnancy –ANC,EMTCT and PNC	
	HIV testing and treatment	
	Danger signs of pregnancy and teenage pregnancy	
	Nutritional requirement	
<b>April 2017</b>		
	Hygiene and dental care	
	New-born care and infant feeding	
	TOP	
	Stress Management and Depression	
	Mental health education and counselling	
	Substance abuse	
	Coping with Psychological impact of physical or sexual abuse	
<b>May 2017</b>		
	HIV prevention	
	Living with HIV /AIDS	
	Substance abuse	
	Sexual violence / abuse and Domestic violence	

	Stress Management and Depression	
	Mental health education and counselling	
	Nutrition	
	Patients' Rights and responsibility	
<b>June 2017</b>		
	Family planning methods	
	Patients' Rights and responsibilities	
	Sexual abuse and Domestic violence	
	Stress Management and Depression	
	Mental health education and counselling	
	Happy Hour, Fast-tracking	
	Patients' Rights and responsibility	
<b>June 2017</b>		
	Sexual Reproductive health and dual protection	
	Adolescents and sexual Reproductive Health rights and responsibilities	
	VMMC counselling and referral	
	HIV education diagnostic and testing	
	STI Education Diagnosis and managements	
	Peer pressure	
	Disclosure, adherence, stigma and support group	
<b>July 2017</b>		
	Chronic treatment, Adherence and stigma	
	TB Prevention and management	
	STI prevention and management	
	Substance abuse	
	Teenage pregnancy	
	counselling Pre and post TOP counselling	
	Peer pressure	
<b>August 2017</b>		
	Antenatal care and EMTCT	
	Infant feeding	
	HCT and Disclosure	
	Adherence and side effects	
	Family planning methods	
	Patients' Rights and responsibilities	
<b>September 2017</b>		
	Mental health education and counselling	
	Happy Hour, Fast-tracking	
	Patients' Rights and responsibility	
	Communication Skills	
	Pre and post –TOP counselling and referral as needed.	
	Sexual exploitation ,violence and abuse education and counselling	
<b>October 2017</b>		
	Adolescents and sexual Reproductive Health rights and responsibilities	
	Pregnancy testing, Antenatal and postnatal care. and EMTCT	

	Infant feeding methods and Immunization	
	TB education and managements and INH prophylaxis	
	Suggestion boxes procedures and complains mechanism	
<b>November 2017</b>		
	HIV Education, diagnosis and testing (treatment, care and support services when necessary. Post Exposure prophylaxis(PEP)	
	Juvenile Diabetic	
	Contraceptive education and provision with the emphasis on dual –protection method and Emergency pill	
	Development milestones of young people and Nutrition	
	STI education diagnosis and management, including partner notification	
<b>December 2017</b>		
	World aids day, HCT education & testing	
	Suicidal attempt education	
	Positive living and Nutrition	
	HCT/PICT, HIV Education, diagnosis and testing (treatment, care and support services when necessary. Post Exposure prophylaxis(PEP)	
	Stress Management	

Prepared by:

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Operational Manager:

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